



Global Adventures in Style

by
Jill and Carlo Nash

Global Adventures in Style is the first remarkable book by Luxury Backpackers, set up by husband and wife team Jill and Carlo Nash. It features over 200 pages of the some of the worlds' finest destinations from 8 different countries around the world, including Costa Rica, Belize, Mexico, New Zealand, China, Thailand, Italy and the USA, focusing on independent travel in style.

Many people have always wanted to travel like a backpacker, but didn't want to stay in flea-ridden hostels or didn't have the confidence to break away from the safety of a package holiday. Some people have been travelling in earlier years on a shoestring budget and still crave adventure but also want a bit of luxury. *Global Adventures in Style* is about having all the fun and adventures of travelling like a backpacker, but doing it in style. This guidebook helps people to make those all-important decisions about where to go on an adventure, where to stay and how to travel independently. If you have never done it before and are confused about where to go and what to do, then this book points you in the right direction.

This beautiful hybrid travel guide /coffee-table book, available from November, is a delight to the eye and highlights some of the world's best adventure destinations, taking you on an exploration of mind, body and soul. From remote retreats to luxurious palaces, adventures are found in all manner of outstanding locations: mountain slopes, beautiful beaches, deserts, lush countryside, vineyards or in famous cities.

Global Adventures in Style showcases:

- An easy navigitable contents page showing different types of adventures for different types of backpackers including 'the action hero', 'the nature and wildlife lover', 'the culture vulture', 'the beach bum', 'rest and relaxation', 'the city slicker'
- Regional information, how to get there, best time of year to visit and the important 'must know before you go'.
- Helpful local maps illustrating things to do, places to see and routes for getting there.
- Hand-picked places to stay that are offer different types of style and luxury.
- Delicious places to eat and the sample local cuisine or soak up the atmosphere.
- Helpful 'Stylish essentials' page with all the information you need to book your adventure.
- Colour images to inspire you.

Jill and Carlo have personally overseen every detail of this elegant book's design and production, resulting in one of the most exquisite books of the season. Commenting on the book they say: "We felt that there was an abundance of guidebooks on the market for shoestring-budget driven backpackers and not one all-encompassing guidebook for those looking for a travelling adventure whilst staying in style. Having visited over 50 countries during the past few years we have now been able to record our experiences and can now share them with other independent travellers. Through this book we are hoping to share our story through words and photographs to inspire readers to the life-altering offerings from around the globe. It's far more than just another boutique hotel book.

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Travelling for us is about adventures, whether it is sight seeing in Beijing, wine tasting in New Zealand or simply relaxing outside a café in Paris. Experiencing a travel adventure shouldn't mean that you have to compromise on style or comfort. There are comfortable ways to get to your destination, stylish places to stay and delectable places to eat. During our travel adventures, we became dissatisfied by the lack of information on luxurious and stylish places to stay that also complemented a backpack type adventure traveller. We found such luxury or stylish hotels were usually overlooked by many guidebooks; which left us to research the best places to stay in every country, whilst still allowing us the freedom to explore like a 'backpacker'. Following our first trip, the two conflicting themes became apparent, explore like a backpacker but travel in style. The best of both worlds. Adventures in Style is not just about travelling, and it's not just about 'nice' places to stay either. It is about seeking adventures and travel experiences in style and searching for the best that each country has to offer. I guess you could call us the grown-up backpacker. Adventures in Style is for any type of luxury explorer, whether you are travelling for 3 weeks or 3 years or whether you are 25 or 65."

Notes to Editors:

About the Authors:

- **Dr. Jill Nash** grew up in (arguably) the best place in Britain - The Lake District. Always one for fun and adventure she trained as an outdoor pursuits instructor before globe trotting all over the world on scuba-diving expeditions and studying in various parts of France. The sense of adventure has never left her and after a short stint as an academic, she packed her bags and wandered the world - this time with her new husband. The most incredible adventure? 'Definitely diving the Blue Hole in Belize and getting married in Italy of course!'
- **Carlo Nash** also a fellow Northerner (but with a family history in Italy - a much guarded family secret!) grew up in Bolton, Lancashire. His Northern accent and penchant for action thrills attracted his nomadic wife. Carlo is actually a professional premiership footballer, which allows him to travel the world during the 'off season', but unfortunately he cannot partake in all the dangerous activities - he persuades his wife to instead! He is the man behind the lens, painstakingly making sure every shot and every angle is perfect. A bit like his game really. Perfect travel companion - naturally - and best trip? Probably hiking on the Great Wall of China - 'it's certainly the best pre-season training imaginable!'

New titles from Luxury Backpackers coming soon:

- Eco-travel in Style
- Honeymoons in Style
- Safari in Style

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